

St Kew Classic Gardener's Trug

Contents

300g St Kew Mature Cheddar Cheese Oatcakes, 227g Orange & Ginger Marmalade, 227g St Kew Strawberry & Vanilla Conserve, 250g St Kew Macadamia Nut & Dark Choc Chip Biscuits, 250g St Kew Cranberry Crunch, 300g St Kew Blackcurrant & Rum Coulis, 100g St Kew Honeycomb, 100g St Kew Sugared Almonds, 5 x Cornish Teabags

Allergy Advice

Allergy Advice for allergens, including cereals containing **Gluten**, see ingredients in bold. Produced in an environment that handles **Nuts** and **Eggs**. All products individually dated and labelled. Suitable for vegetarians.

Ingredients

300g St Kew Mature Cheddar Cheese Oatcakes

Oatmeal, Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamine), non-hydrogenated vegetable oil (Palm Oil, Rapeseed Oil), water, mature cheddar cheese (**Milk**) (12%), sugar, salt, bicarbonate of soda.

NUTRITIONAL INFORMATION Per 100g : Energy 1955kJ/467kcal. Protein 10.7g Carbohydrate 61.g of which sugar 3.6g. Fat 21.7g of which saturates 3.4g. Mono-saturates 11.7g Fibre 7.4g. Salt 0.9g.

Storage: Once opened store in an air tight container.

227g St. Kew Orange & Ginger Marmalade

Sugar, Orange (30%), Gelling Agent, Pectin, Citric Acid. Prepared with 30g of fruit per 100g. Total sugar content 67g per 100 g. May contain traces of **Nuts**. No artificial flavouring, colouring or preservatives. Nutritional Information Per 100g: Energy 1057kJ/249kcal, Fat 0g of which saturates 0g, Carbohydrate 61g of which sugars 61g, Protein 0g Salt 0g Storage: Once opened keep refrigerated.

227g St. Kew Strawberry & Vanilla Conserve

Sugar, Strawberries, Gelling Agent: Fruit pectin, Citric Acid. & Vanilla Extract (<1%) Prepared with 48 & fruit per 100g.

NUTRITIONAL INFORMATION Per 100g: Energy 1130 kJ / 266 kcal, Fat 0g of which saturates 0g, Carbohydrate 65g of which sugars 65g, Protein 0g, Salt 0g. Once opened keep refrigerated.

250g St Kew Macadamia Nut & Dark Choc Chip Biscuits

Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamine), Vegetable Oils (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: E475, Flavouring, Colours: Annatto, Curcumin), Sugar, Dark Chocolate Chips (12%) (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier: **Soya** Lecithin, Natural Vanilla Flavouring), Macadamia **Nuts** (7%), Brown Sugar (Sugar, Cane Molasses), Pasteurised **Eggs**, Raising Agents: (Sodium Bicarbonate, Diphosphate, **Wheat** Flour). 10.3g Carbohydrate 59.7g of which sugars 26.4g Protein 6.3g Salt 0.84g Storage: Once opened store in an air tight container.

250g Christmas Cranberry Crunch

Flour (**Wheat** Flour, Calcium, Iron, Niacin, Thiamine), Vegetable Oils (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier: E475, Flavouring, Colours: Annatto, Curcumin), Sugar, Rolled Oats, Sweetened Dried Cranberries (9%) (Cranberries, Cane Sugar, Sunflower Oil), Pasteurised **Eggs**, Flavouring, Raising Agents: (Sodium Bicarbonate, **Diphosphate**, **Wheat** Flour).

NUTRITIONAL INFORMATION Per 100g: Energy 2234kJ/534kcal Fat 30.1g of which saturates 10.2g Carbohydrate 61.7g of which sugars 26.3g Protein 5.1g Salt 1.04g Once opened store in an air tight container.

300g St. Kew Blackcurrant & Rum Coulis

Sugar, Blackcurrant 28%, Water, Rum (2%). Nutritional Information Per 100g: Energy (KJ): 1009, Energy (kcal): 238, Fat: 0.0g of which saturates 0.0, Carbohydrate (g): 58.1g of which sugars : 58g, Protein 0g. Salt 0g. Shake well before use - refrigerate once opened .

100g St. Kew Honeycomb

Sugar, Glucose Syrup, Bicarbonate of Soda.

NUTRITIONAL INFORMATION Per 100g : Energy 1632kJ/384kcal. Carbohydrate 95.9g of which sugars 74.5.0g. Sodium 0.59g. Salt 1.48g.

100g St. Kew Sugared Almonds

Sugar, **Almonds** (20%), Natural Colours: E160a, E162.

5 x Cornish Tea Bags

100% pure black tea.